



STEPHANIE LAU

Honorary  
Secretary

Ms. Stephanie Lau is a Registered Industrial-Organizational Psychologist and a member of the Hong Kong Psychological Society. Stephanie was brought up in both Canada and Hong Kong; she completed her Bachelor's degree in Psychology at McGill University (Montreal, Canada) and obtained her Master's degree in Industrial-Organizational Psychology from the Chinese University of Hong Kong.

Stephanie is experienced in delivering and managing both assessment and development centers of different levels in the APAC region. She served as an assessor for senior positions including General Managers and Business Unit Directors for clients in Hong Kong, Malaysia, Japan and India. She also delivered projects in Greater China, Korea and Thailand. Prior to becoming a consultant, she worked as a flight attendant. She enjoyed the travelling but being able to put smiles on her passengers' face was what kept her motivated. With her background in the service sector, Stephanie puts unique customer needs at the forefront and ensures organizational and talent management solutions are tailored to those needs. She enjoys the process of co-creating solutions with clients which enable her to understand their challenges at a deeper level.

Stephanie is currently a senior consultant at atrain Limited. She is a registered test user in Personality & Ability Assessment with CEB, Saville Wave Accreditation & Occupational Testing and Hogan Assessments. In recent years, she also earned her certification in Executive Coaching and Team Coaching in order to support clients on their leadership journey and help surface team dynamics for better performance.