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| **Applicant’s name:** |  | **Log Sheet Index No.:** |  |

*\*NB: Please use separate Log Sheet for separate piece of work / project / task.*

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| **Name of the piece of work / project / task:** |  |
| **Date / Period of time:** |  |
| **No. of hours:** |  |
| **Nature of the IO practical hours / IO psychology key topic area(s) tapped into:** *[Please use the headings 1 – 6 as shown in the Appendix 1 of the Full Membership Application Guideline]* | |
| **Details of tasks / duties and your role:** | |
| **Psychological theories / concepts / skills applied:** | |
| **Learning reflection:**  *(E.g. What you think you have done well? What you think you could have done differently? What challenges have you encountered? What observations have you made as an IO practitioner?)* | |