



DR. CLARA TO

Chair-Elect

Dr. Clara To has a PhD in Industrial/Organizational Psychology, a Masters in Psychology, and a Bachelors in Psychology with The Chinese University of Hong Kong.

Clara is a Registered Psychologist and the Chair-Elect of The Division of Industrial-Organizational Psychology with The Hong Kong Psychological Society (2019-2021 term). She is a Chartered Psychologist with The British Psychological Society, a Certified Health & Wellness Coach with Wellcoaches®, and a National Board Certified Health & Wellness Coach (NBC-HWC) with International Consortium for Health & Wellness Coaching, U.S.

Clara has 22 years of consulting experiences in the areas of executive assessment, executive coaching, leadership development, assessment/development centre design and facilitation, among other expertise areas. In addition to her consulting work experiences, Clara has contributed to the academy through her lecturing activities at City University of Hong Kong and University of Macau. As a wellness coach, she designs programs and facilitates workshops about 'developing a flourishing lifestyle' with various audiences.

Clara is the Director and Principal Consultant of Talent Link Global Limited, where she has worked with different strategic partners in delivering assessment and coaching solutions to international clients. She is also a Project Consultant of Assessment and Training Centre with The Chinese University of Hong Kong.